



Breakfast Xpress

FSP
February-2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast fuels the body		February 1, 2012 Honey Kix 100% Fruit Juice Zucchini Bread	February 2, 2012 Kellogg's Rice Krispies Cinnamon Applesauce Blueberry Fruit & Grain Bar	February 3, 2012 Mini Apple Cinnamon Loaf Fresh Fruit Trail Mix
				
February 6, 2012 Apple Cinnamon Cheerios 100% Fruit Juice Banana Bread	February 7, 2012 Bite-Size Mini Wheats Fresh Fruit Blueberry Muffin	February 8, 2012 Bagel Strawberry Applesauce Cream Cheese	February 9, 2012 Non-Fat Fruit Yogurt Fresh Apple Vanilla Whole-Grain Crackers Homemade Granola Bar	February 10, 2012 Corn Puffs 100% Fruit Juice Apple Spice Bread
				
February 13, 2012 Kellogg's Rice Krispies Cinnamon Applesauce Pumpkin Bread	February 14, 2012 Multi-Grain Cheerios Fresh Fruit Raisins Banana Breakfast Grain Bar	February 15, 2012 Mini Blueberry Loaf 100% Fruit Juice Trail Mix	February 16, 2012 Honey Apple Bagel 100% Fruit Juice Mini Cinnamon Grahams Cream Cheese	February 17, 2012 Chewy Oatmeal Raisin Bar Fresh Apple
				
February 20, 2012 Cheerios Blue-Raspberry Applesauce Peach Bread	February 21, 2012 Cinnamon Raisin Bagel 100% Fruit Juice Graham Crackers Cream Cheese	February 22, 2012 Non-Fat Fruit Yogurt Fresh Fruit Strawberry Whole-Grain Crackers Homemade Granola Bar	February 23, 2012 Honey Kix Fresh Apple Zucchini Bread	February 24, 2012 Apple Cinnamon Cheerios 100% Fruit Juice Mini Banana Loaf
				
February 27, 2012 Bagel Fresh Apple Animal Crackers Cream Cheese	February 28, 2012 Apple Spice Bread 100% Fruit Juice Oats & Honey Goldfish Grahams	February 29, 2012 Corn Puffs Fresh Fruit 100% Fruit Juice Oatmeal Breakfast Grain Bar		

Meals Served with Milk

Milk and Yogurt Provided By FSP Contain No Growth Hormones or Antibiotics